

AN INTRODUCTION TO MANGO MEDICAL DPC

DPC AND BENEFITS

DPC is short for 'Direct Primary Care' and it is a holistic style that brings medicine back to the basics and allows it to be practiced in a way that truly permits the doctor to spend time getting to know their patients while creating lasting relationships. DPC restores the doctor-patient relationship by putting patients first and helping them and their loved ones live in a way that is sustainable, healthy, and affordable.

PATIENT BENEFITS OF DPC

-More affordable: DPC can be an affordable option, in general, and especially for those who do not qualify for government-subsidized insurance or have high deductibles.

-Increased access to care: Patients have more time with their doctor and easier access to care when needed, especially allowing for extended appointment times, evening and weekend hours as well as a variety of ways to access the doctor, such as in-person, video chat and telemedicine options

-Personalized care: DPC doctors often take a holistic approach to care, focusing on the patient as a whole rather than just treating symptoms, and work with patients to develop personalized treatment plans

-Longer appointments: Members of a DPC practice have longer appointment times, allowing for more in-depth discussions of health concerns and a better understanding of the patient's health needs. Instead of a rushed and limited 10-15 minute appointment with a doctor, with a DPC practice, patients typically enjoy an extended and un-rushed 45-60 minute discussion, where the doctor can explore the patients' questions and concerns in a very detailed manner.

-Continuity of care: DPC doctors follow their patients over time, often caring for entire families, providing continuity of care and a more comprehensive understanding of the patient's health needs.

-Comprehensive care: DPC clinics offer a range of services, including preventive care, chronic disease management, basic laboratory services and other services which elevate patient health

-Enhanced patient-doctor relationship: The DPC model allows for a closer and more direct relationship between patients and their doctors, which can lead to better communication, increased patient satisfaction, and improved health outcomes. All third parties are removed and the original doctor-patient relationship is restored.

-Reduced emergency room visits: Research has shown that patients with direct primary care doctors tend to have fewer emergency room visits, as their care is more proactive and preventive.

-Improved health outcomes: Research has shown that patients with direct primary care doctors have better health outcomes, including fewer hospitalizations, better blood pressure control, and improved overall health management as there is a more holistic focus on preventive care and chronic disease reversal.



MEDICINE AND CONCIERGE PRACTICE